

Acknowledgements

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[AMAZE](#), a Brighton and Hove based charity that offers information, advice and support to families and carers who have a child or young person with special educational needs and disabilities.

[Contact](#), a national charity who supports families of children and young adults with disabilities up to the age of 25.

[National Development Team for Inclusion \(NDTi\)](#) who have an extensive resource section on Moving into Adulthood which were developed by Preparing for Adulthood.

[Disability Rights UK](#) who provides advice on benefits and welfare rights, education issues and social care.

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